



# **NAD/NADH Microplate Assay Kit**

## **User Manual**

**Catalog # FTA0008**

(Version 2.1D)

Detection and Quantification of NAD/NADH Content in Urine,  
Serum, Plasma, Tissue extracts, Cell lysate, Cell culture media and  
Other biological fluids Samples.

**For research use only. Not for diagnostic or therapeutic procedures.**



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## I. INTRODUCTION

Nicotinamide adenine dinucleotide ( $\text{NAD}^+$ ) is a vital coenzyme found in all cells. As  $\text{NAD}^+$  is involved in redox reactions, it is found in two forms in cells.  $\text{NAD}^+$  is an oxidizing agent and becomes reduced to form NADH, which can be used as a reducing agent. As a result, it plays a key role in metabolism and other cellular processes. In organisms,  $\text{NAD}^+$  can be synthesized de novo from tryptophan or aspartic acid. Because of the wide variety of functions that  $\text{NAD}^+$  plays, it is a popular target for pharmaceuticals.

$\text{NAD}/\text{NADH}$  Microplate Assay Kit provides a simple and direct procedure for measuring  $\text{NAD}^+/\text{NADH}$  levels in a variety of samples. The kit is based on an alcohol dehydrogenase cycling reaction, in which the formed NADH reduces a formazan reagent. The intensity of the reduced product color, measured at 492 nm, is proportionate to the  $\text{NAD}^+/\text{NADH}$  concentration in the sample.

## II. KIT COMPONENTS

Component	Volume	Storage
96-Well Microplate	1 plate	
Assay Buffer I	30 ml x 2	4 °C
Assay Buffer II	30 ml x 2	4 °C
Reaction Buffer	10 ml x 1	4 °C
Enzyme	Powder x 1	-20 °C
Substrate	10 ml x 1	4 °C
Dye Reagent A	Powder x 1	4 °C
Dye Reagent B	1 ml x 1	4 °C
NADH Standard	Powder x 1	-20 °C, keep in dark
NAD <sup>+</sup> Standard	Powder x 1	-20 °C, keep in dark
Technical Manual	1 Manual	

**Note:**

**Dye Reagent A:** add 1 ml distilled water to dissolve before use, mix, store at 4°C.

**Enzyme:** add 1 ml Reaction Buffer to dissolve before use, mix, store at 4°C.

**NADH Standard:** add 1 ml distilled water to dissolve, mix; then add 25 µl solution into 975 µl distilled water, mix. The concentration will be 50 µmol/L.

**NAD<sup>+</sup> Standard:** add 1 ml distilled water to dissolve, mix; then add 25 µl solution into 975 µl distilled water, mix. The concentration will be 50 µmol/L.

### III. MATERIALS REQUIRED BUT NOT PROVIDED

1. Microplate reader to read absorbance at 492 nm
2. Distilled water
3. Pipettor, multi-channel pipettor
4. Pipette tips
5. Mortar
6. Ice
7. Centrifuge
8. Timer

### IV. SAMPLE PREPARATION

1. For serum or plasma samples

Extract the NAD<sup>+</sup>:

Add 0.5 ml Assay buffer I to 0.05 ml serum or plasma; mix; boiling for 5 minutes; centrifuged at 10000g 4 °C for 10 minutes, take the supernatant into a new centrifuge tube and add 0.5 ml Assay buffer II, mix; keep it on ice for detection.

Extract the NADH:

Add 0.5 ml Assay buffer II to 0.05 ml serum or plasma; mix; boiling for 5 minutes; centrifuged at 10000g 4 °C for 10 minutes, take the supernatant into a new centrifuge tube and add 0.5 ml Assay buffer I, mix; keep it on ice for detection.

2. For tissue samples

Extract the NAD<sup>+</sup>:

Weigh out 0.05g tissue, homogenize with 0.5 ml Assay buffer I on ice; boiling for 5 minutes; centrifuged at 10000g 4 °C for 10 minutes, take the supernatant into a new centrifuge tube and add 0.5 ml Assay buffer II, mix; keep it on ice for detection.

Extract the NADH:

Weigh out 0.05g tissue, homogenize with 0.5 ml Assay buffer II on ice; boiling for 5 minutes; centrifuged at 10000g 4 °C for 10 minutes, take the supernatant into a new centrifuge tube and add 0.5 ml Assay buffer I, mix; keep it on ice for detection.

### 3. For cell and bacteria samples

Extract the NAD<sup>+</sup>:

Collect cell or bacteria into centrifuge tube, discard the supernatant after centrifugation, add 0.5 ml Assay buffer I for  $250 \times 10^4$  cell or bacteria, sonicate (with power 20%, sonication 2s, intervation 1s, repeat 30 times); boiling for 5 minutes; centrifuged at 10000g 4 °C for 10 minutes, take the supernatant into a new centrifuge tube and add 0.5 ml Assay buffer II, mix; keep it on ice for detection.

Extract the NADH:

Collect cell or bacteria into centrifuge tube, discard the supernatant after centrifugation, add 0.5 ml Assay buffer II for  $250 \times 10^4$  cell or bacteria, sonicate (with power 20%, sonication 2s, intervation 1s, repeat 30 times); boiling for 5 minutes; centrifuged at 10000g 4 °C for 10 minutes, take the supernatant into a new centrifuge tube and add 0.5 ml Assay buffer I, mix; keep it on ice for detection.

## V. ASSAY PROCEDURE

Add following reagents into the microplate:

Reagent	Sample	Standard	Blank
Sample	20 µl	--	--
Standard	--	20 µl	--
Distilled water	--	--	20 µl
Reaction Buffer	70 µl	70 µl	70 µl
Enzyme	10 µl	10 µl	10 µl
Substrate	80 µl	80 µl	80 µl
Dye Reagent A	10 µl	10 µl	10 µl
Dye Reagent B	10 µl	10 µl	10 µl
Mix, keep in dark for 10 minutes at room temperature, record absorbance measured at 492 nm.			

**Note:**

- 1) Perform 2-fold serial dilutions of the top standards to make the standard curve.
- 2) The concentrations can vary over a wide range depending on the different samples.  
For unknown samples, we recommend doing a pilot experiment & testing several doses to ensure the readings are within the standard curve range.

## VI. CALCULATION

### Calculation of NAD<sup>+</sup>:

#### 1. According to the volume of sample

$$\begin{aligned} \text{NAD}^+ (\mu\text{mol/ml}) &= (C_{\text{Standard}} \times V_{\text{Standard}}) \times (OD_{\text{Sample}} - OD_{\text{Blank}}) / (OD_{\text{Standard}} - OD_{\text{Blank}}) / \\ &\quad V_{\text{Sample}} \\ &= 0.05 \times (OD_{\text{Sample}} - OD_{\text{Blank}}) / (OD_{\text{Standard}} - OD_{\text{Blank}}) \end{aligned}$$

#### 2. According to the protein concentration of sample

$$\begin{aligned} \text{NAD}^+ (\mu\text{mol/mg}) &= (C_{\text{Standard}} \times V_{\text{Standard}}) \times (OD_{\text{Sample}} - OD_{\text{Blank}}) / (OD_{\text{Standard}} - OD_{\text{Blank}}) / \\ &\quad (V_{\text{Sample}} \times C_{\text{Protein}}) \\ &= 0.05 \times (OD_{\text{Sample}} - OD_{\text{Blank}}) / (OD_{\text{Standard}} - OD_{\text{Blank}}) / C_{\text{Protein}} \end{aligned}$$

#### 3. According to the weight of sample

$$\begin{aligned} \text{NAD}^+ (\mu\text{mol/g}) &= (C_{\text{Standard}} \times V_{\text{Standard}}) \times (OD_{\text{Sample}} - OD_{\text{Blank}}) / (OD_{\text{Standard}} - OD_{\text{Blank}}) / (W \times \\ &\quad V_{\text{Sample}} / V_{\text{Assay}}) \\ &= 0.05 \times (OD_{\text{Sample}} - OD_{\text{Blank}}) / (OD_{\text{Standard}} - OD_{\text{Blank}}) / W \end{aligned}$$

#### 4. According to the quantity of cells or bacteria

$$\begin{aligned} \text{NAD}^+ (\mu\text{mol}/10^4) &= (C_{\text{Standard}} \times V_{\text{Standard}}) \times (OD_{\text{Sample}} - OD_{\text{Blank}}) / (OD_{\text{Standard}} - OD_{\text{Blank}}) / (N \\ &\quad \times V_{\text{Sample}} / V_{\text{Assay}}) \\ &= 0.05 \times (OD_{\text{Sample}} - OD_{\text{Blank}}) / (OD_{\text{Standard}} - OD_{\text{Blank}}) / N \end{aligned}$$

### Calculation of NADH:

#### 1. According to the volume of sample

$$\begin{aligned} \text{NADH} (\mu\text{mol/ml}) &= (C_{\text{Standard}} \times V_{\text{Standard}}) \times (OD_{\text{Sample}} - OD_{\text{Blank}}) / (OD_{\text{Standard}} - OD_{\text{Blank}}) / \\ &\quad (V_{\text{Sample}} / V_{\text{Assay}}) \\ &= 0.05 \times (OD_{\text{Sample}} - OD_{\text{Blank}}) / (OD_{\text{Standard}} - OD_{\text{Blank}}) \end{aligned}$$

#### 2. According to the protein concentration of sample

$$\begin{aligned} \text{NADH} (\mu\text{mol/mg}) &= (C_{\text{Standard}} \times V_{\text{Standard}}) \times (OD_{\text{Sample}} - OD_{\text{Blank}}) / (OD_{\text{Standard}} - OD_{\text{Blank}}) / \\ &\quad (V_{\text{Sample}} \times C_{\text{Protein}}) \\ &= 0.05 \times (OD_{\text{Sample}} - OD_{\text{Blank}}) / (OD_{\text{Standard}} - OD_{\text{Blank}}) / C_{\text{Protein}} \end{aligned}$$

### 3. According to the weight of sample

$$\begin{aligned} \text{NADH } (\mu\text{mol/g}) &= (C_{\text{Standard}} \times V_{\text{Standard}}) \times (OD_{\text{Sample}} - OD_{\text{Blank}}) / (OD_{\text{Standard}} - OD_{\text{Blank}}) / (W \times \\ &\quad V_{\text{Sample}} / V_{\text{Assay}}) \\ &= 0.05 \times (OD_{\text{Sample}} - OD_{\text{Blank}}) / (OD_{\text{Standard}} - OD_{\text{Blank}}) / W \end{aligned}$$

### 4. According to the quantity of cells or bacteria

$$\begin{aligned} \text{NADH } (\mu\text{mol}/10^4) &= (C_{\text{Standard}} \times V_{\text{Standard}}) \times (OD_{\text{Sample}} - OD_{\text{Blank}}) / (OD_{\text{Standard}} - OD_{\text{Blank}}) / (N \\ &\quad \times V_{\text{Sample}} / V_{\text{Assay}}) \\ &= 0.05 \times (OD_{\text{Sample}} - OD_{\text{Blank}}) / (OD_{\text{Standard}} - OD_{\text{Blank}}) / N \end{aligned}$$

$C_{\text{Protein}}$ : the protein concentration, mg/ml;

$C_{\text{Standard}}$ : the protein concentration, 50  $\mu\text{mol/L}$  = 0.05  $\mu\text{mol/ml}$ ;

$W$ : the weight of sample, g;

$V_{\text{Sample}}$ : the volume of sample, 0.02 ml;

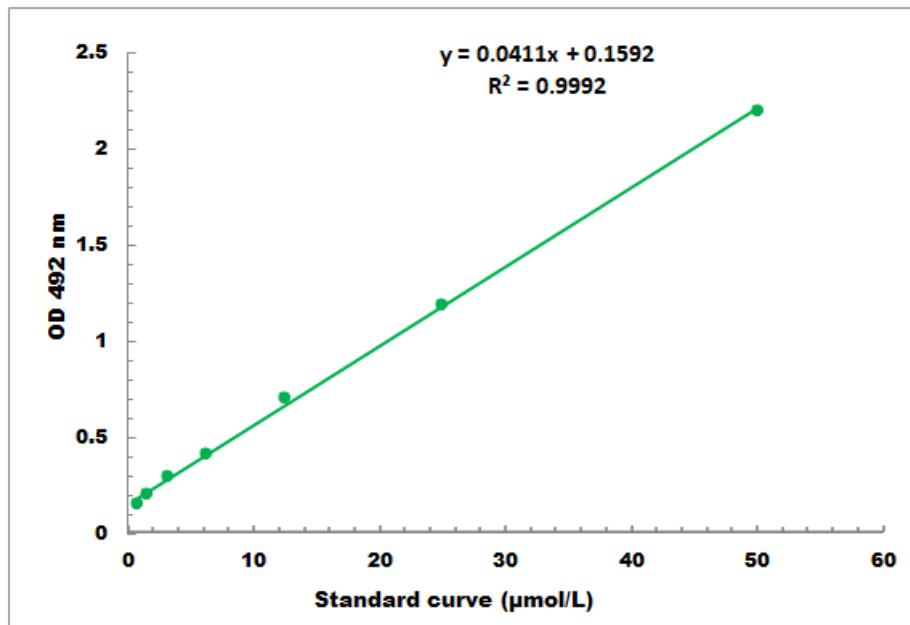
$V_{\text{Standard}}$ : the volume of sample, 0.02 ml;

$V_{\text{Assay}}$ : the volume of Assay buffer, 1 ml;

$N$ : the quantity of cell or bacteria,  $N \times 10^4$ .

## VII. TYPICAL DATA

The standard curve is for demonstration only. A standard curve must be run with each assay.



Detection Range: 0.5  $\mu\text{mol/L}$  - 50  $\mu\text{mol/L}$

## VIII. TECHNICAL SUPPORT

For troubleshooting, information or assistance, please go online to  
[www.cohesionbio.com](http://www.cohesionbio.com) or contact us at [techsupport@cohesionbio.com](mailto:techsupport@cohesionbio.com)

## IX. NOTES