



# Vitamin E Microplate Assay Kit

## User Manual

**Catalog # FTA0153**

(Version 1.2A)

Detection and Quantification of Vitamin E Content in Serum, Plasma,  
Tissue extracts, Other biological fluids Samples.

**For research use only. Not for diagnostic or therapeutic procedures.**



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## I. INTRODUCTION

Vitamin E is a group of eight compounds that include four tocopherols and four tocotrienols. Alpha-tocopherol ( $\alpha$ -tocopherol), the most biologically active form of vitamin E, is the second-most common form of vitamin E in the diet. This variant can be found most abundantly in wheat germ oil, sunflower oil, and safflower oil. As fat-soluble antioxidants, tocopherols interrupt the propagation of reactive oxygen species that spread through biological membranes or through fat when its lipid content undergoes oxidation by reacting with lipid radicals.

Vitamin E Microplate Assay Kit is a sensitive assay for determining Vitamin E content in various samples. Vitamin E reduces  $\text{Fe}^{3+}$  to  $\text{Fe}^{2+}$ , and  $\text{Fe}^{2+}$  produces a colored complex with phenanthroline. The color intensity at 530 nm is directly proportional to Vitamin E concentration in the sample.

## II. KIT COMPONENTS

Component	Volume	Storage
96-Well Microplate	1 plate	
Assay Buffer I	Powder x 1	4 °C
Assay Buffer II	10 ml x 1	4 °C
Extract	30 ml x 4	4 °C
Reaction Buffer	5 ml x 1	4 °C
Substrate	Powder x 1	4 °C
Dye Reagent	Powder x 1	4 °C
Standard	10 µl x 1	4 °C
Plate Adhesive Strips	3 Strips	
Technical Manual	1 Manual	

**Note:**

**Assay Buffer I:** add 30 ml ethanol to dissolve before use.

**Substrate:** add 5 ml ethanol to dissolve before use.

**Dye Reagent:** add 5 ml ethanol to dissolve before use.

**Standard:** add 990 µl ethanol to dissolve, then add 100 µl Standard into 900 µl ethanol, the concentration will be 2 mmol/L.

## III. MATERIALS REQUIRED BUT NOT PROVIDED

1. Microplate reader to read absorbance at 530 nm
2. Ethanol
3. Pipettor, multi-channel pipettor
4. Pipette tips
5. Mortar
6. Centrifuge
7. Timer

#### IV. SAMPLE PREPARATION

##### 1. For serum, plasma or Other biological fluids samples

Add 50 µl sample into centrifuge tube, then add 200 µl Assay Buffer I, shake and mix by vortexing for 2 minutes; then add 1 ml Extract, shake and mix by vortexing for 2 minutes, centrifuged at 8000g for 10 minutes. Absorb the supernatant into a new centrifuge tube.

##### 2. For tissue samples

Weigh out 0.05 g tissue, homogenize with 200 µl Assay Buffer I and 200 µl Assay Buffer II, shake and mix by vortexing for 20 minutes, centrifuged at 8000g 4 °C for 10 minutes, absorb the supernatant into a new centrifuge tube; then add 1 ml Extract, shake and mix by vortexing for 2 minutes, centrifuged at 8000g for 10 minutes.

Absorb the supernatant into a new centrifuge tube.

## V. ASSAY PROCEDURE

Add following reagents in the microplate:

Reagent	Sample	Standard	Blank
Reaction Buffer	50 µl	50 µl	50 µl
Substrate	50 µl	50 µl	50 µl
Dye Reagent	50 µl	50 µl	50 µl
Sample	50 µl	--	--
Standard	--	50 µl	--
Ethanol	--	--	50 µl
Mix, record absorbance measured at 530 nm.			

**Note:**

- 1) Perform 2-fold serial dilutions of the top standards to make the standard curve.
- 2) The concentrations can vary over a wide range depending on the different samples.

For unknown samples, we recommend doing a pilot experiment & testing several doses to ensure the readings are within the standard curve range.

## VI. CALCULATION

### 1. According to the protein concentration of sample

$$\begin{aligned}\text{Vitamin E } (\mu\text{mol}/\text{mg}) &= (C_{\text{Standard}} \times V_{\text{Standard}}) \times (OD_{\text{Sample}} - OD_{\text{Control}}) / (OD_{\text{Standard}} - \\ &\quad OD_{\text{Blank}}) / (V_{\text{Sample}} \times C_{\text{Protein}}) \times n \\ &= 2 \times (OD_{\text{Sample}} - OD_{\text{Control}}) / (OD_{\text{Standard}} - OD_{\text{Blank}}) / C_{\text{Protein}} \times n\end{aligned}$$

### 2. According to the weight of sample

$$\begin{aligned}\text{Vitamin E } (\mu\text{mol}/\text{g}) &= (C_{\text{Standard}} \times V_{\text{Standard}}) \times (OD_{\text{Sample}} - OD_{\text{Control}}) / (OD_{\text{Standard}} - OD_{\text{Blank}}) \\ &\quad / (V_{\text{Sample}} \times W) \times n \\ &= 2 \times (OD_{\text{Sample}} - OD_{\text{Control}}) / (OD_{\text{Standard}} - OD_{\text{Blank}}) / W \times n\end{aligned}$$

### 3. According to the volume of sample

$$\begin{aligned}\text{Glycogen } (\mu\text{mol}/\text{L}) &= (C_{\text{Standard}} \times V_{\text{Standard}}) \times (OD_{\text{Sample}} - OD_{\text{Control}}) / (OD_{\text{Standard}} - OD_{\text{Blank}}) \\ &\quad / V_{\text{Sample}} \times n \\ &= 2 \times (OD_{\text{Sample}} - OD_{\text{Control}}) / (OD_{\text{Standard}} - OD_{\text{Blank}}) \times n\end{aligned}$$

$C_{\text{Protein}}$ : the protein concentration, mg/ml;

$W$ : the weight of sample, g;

$C_{\text{Standard}}$ : the standard concentration, 2 mmol/L = 2  $\mu\text{mol}/\text{ml}$ ;

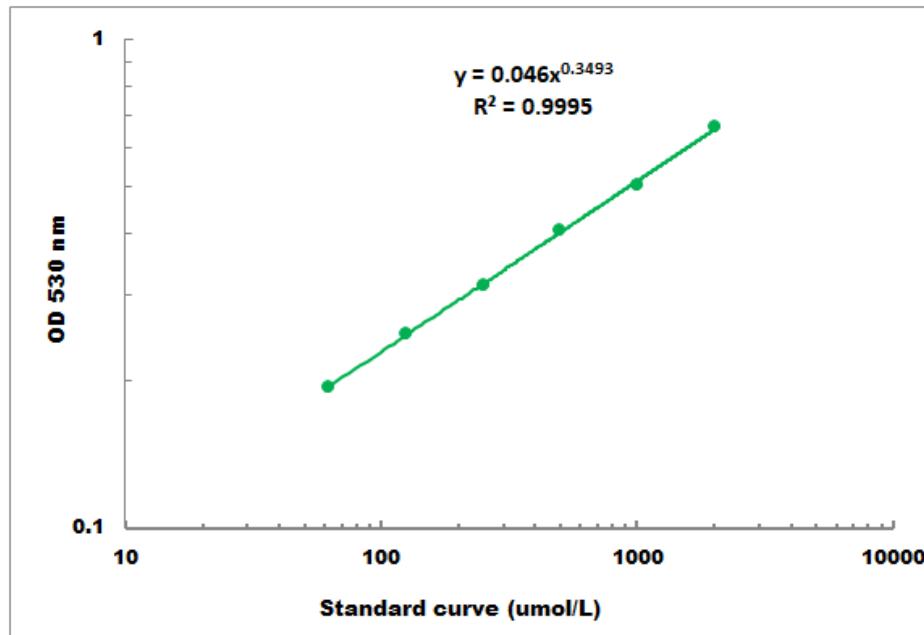
$V_{\text{Standard}}$ : the volume of the standard, 0.05 ml;

$V_{\text{Sample}}$ : the volume of sample, 0.05 ml;

$n$ : dilution ratio.

## VII. TYPICAL DATA

The standard curve is for demonstration only. A standard curve must be run with each assay.



Detection Range: 50  $\mu\text{mol/L}$  - 2000  $\mu\text{mol/L}$

## VIII. TECHNICAL SUPPORT

For troubleshooting, information or assistance, please go online to  
[www.cohesionbio.com](http://www.cohesionbio.com) or contact us at [techsupport@cohesionbio.com](mailto:techsupport@cohesionbio.com)

## IX. NOTES